



SPECIAL EVENT- NATIONAL TOOTHBRUSHING DAY -" NO RUSH WHILE BRUSH"

DATE:25.11.2021	VENUE:ADW Pudhupakkam
FACULTY Dr.Jagannatha.G.V Dr.Nagappan Dr.Nagaland Dr.Cyril Benedict	ORGANIZER: CDCRI K-Batch
No. of students attended:6	N.Sowmya S.Sruthi T.Subakeerthi N.Subasini K.V. Sureka N.Surya

SUMMARY:

- The special event was conducted to celebrate NATIONAL TOOTHBRUSHING DAY.
- Themed - " NO RUSH WHILE BRUSH"
- It was an interactive session where we first started an introduction to oral health and ways of maintaining oral health we explained the children regarding the importance of correct tooth brushing method, what kind of oral hygiene aids to use and the frequency of brushing teeth.
- We also explained them about interdental aids like floss and interdental brush and how to use them regularly.
- We explained them with the help of our charts, model and videos.
- They were interested in learning the correct brushing and flossing technique.
- We received feedback from the children and clarified their doubts.
- We provided them Tooth brush and fluoridated tooth paste to motivate them for maintaining good oral hygiene
- The children were explained in detail about dental caries its formation , progression and effective ways to prevent it.
- We thank our HOD Dr.Jagannatha sir for allowing us to conduct such a camp and special event. We thank Dr.Nagappan sir, Dr. Nagaland sir ,Dr.Cyril Benedict sir and Dr. Vidhya mam for guiding us throughout the entire process.



pudupakkam, Tamil Nadu, India


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Chettinad
Dental College & Research Institute



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